

Introduction to Dementia

at The Upminster Complementary Healing & Teaching Sanctuary
One Day Workshop - 10am - 2pm
with Jenny Sykes and Mark Wilson



The aim of this workshop is to give you a better understanding of dementia and show how to improve communication and the ways you relate with people who have this condition.

The group will be led by two charity professionals and will be friendly, relaxed and very informative. Numbers are restricted to 10 people to ensure a caring environment, so book early!

You need no previous knowledge of the condition to attend this session and there will be ample opportunity for you to ask questions.

A fee of £15 (non-refundable) is required at time of booking. Soft drinks and snack bars will be provided.

To secure a place

Please ring the Sanctuary to reserve a place.

Then complete the tear-off form below and return it with your payment to:

The Sanctuary, (Dementia Workshop), Pea Lane, Upminster, RM14 2XH.

BOOKING FORM

to: The Sanctuary, (Dementia Workshop), Pea Lane, Upminster, RM14 2XH.

Name:	_____
Address:	_____
	Postcode: _____
Telephone:	Mobile: _____
Email:	_____
<i>I would like to attend on (please insert date):</i> _____	
<i>I enclose cash/cheque for (£15 per person):</i> £ _____ <i>made payable to Julia Massey</i>	
Signed:	Date: