

Mapping the Inner Landscape: a magical journey of self discovery



Two-day workshop
Saturdays June 12th and July 10th - 10am to 5pm

Course Fee: £100

with **Felicity Karena MA**

At the beginning of this new decade ~ 2010 ~ we are offered the opportunity to live magically. Felicity Karena will guide you on a journey toward becoming the person you have always, deep down, known you are, and may have even dreamt about. Her workshops are fun experiences and truly awakening. You may be amazed at what you find out about yourself.

Would you like to:

**Transform your life
Develop your imagination
Learn how to listen to your intuition
Access your creativity
Discover what makes your heart sing
Gain more self confidence
Become the person you were born to be**

Felicity will lead you on this exciting journey of awakening, by guiding you in how to use reflective journaling with techniques such as creative visualization, dream work, symbols and imagery...to help you overcome the fears and challenges that are keeping you from being the person you always wanted to be and from living more magically.

Felicity Karena MA has been running courses on personal development for over 20 years and has been a professional astrologer for 36 years. She has taught and practiced in the field of complementary health for many years, has an MA in Art History and Theory and has lectured at University. Her latest workshops and courses are an integration of her creativity, skills and wisdom from her life's work.

For more information feel free to email her at felicity@felicitykarena.com

You will need to bring with you a new journal with blank pages, some coloured pens or crayons.

BOOKING FORM - May 29th and June 12th

to: The Sanctuary, (Discovery Workshop), Pea Lane, Upminster, RM14 2XH.

Name:	_____
Address:	_____
	Postcode: _____
Telephone:	Mobile: _____
Email:	_____
<i>I enclose cash/cheque for (£100): £_____ made payable to Felicity Karena</i>	
Signed:	Date: _____